

# Keratin AFTERCARE

PROPER AFTERCARE IS ESSENTIAL TO MAINTAIN THE INTEGRITY, APPEARANCE, AND LONGEVITY OF YOUR HAIR. PLEASE REVIEW AND ACKNOWLEDGE THE FOLLOWING GUIDELINES:



## HOW TO CARE FOR YOUR HAIR AFTER TREATMENT:

### First 72hrs(Critical Period):

- Do not wash your hair.
- Avoid getting your hair wet (rain, sweat, swimming, steam rooms, etc.).
- Do not use hair clips, ponytails, headbands, or tuck your hair behind your ears. Keep your hair as straight as possible.
- If hair accidentally gets wet: Immediately blow dry & flat iron on low to medium heat.
- Do not apply any styling products during this period.

### Ongoing Care:

- Use only sulfate-free, sodium chloride-free shampoos and conditioners.
- We recommend: [Davines]:
- Wash hair 2–3 times per week or as infrequently as possible.
- Minimize heat styling. If needed, always use a heat protectant.
- Avoid salt sprays and dry shampoos with harsh chemicals.

### Swimming:

- Before swimming, apply a leave-in conditioner and wear a swim cap if possible.
- Wash hair immediately after swimming in chlorine or salt water.

### Additional Tips:

- Sleep on a silk or satin pillowcase to reduce friction.
- Schedule touch-ups every 3–5 months for best results.
- If you notice any changes in your hair's texture or results, contact us for guidance.

Call us at 503-380-5585 or visit our website

[@pdxhairextensions.com!](https://pdxhairextensions.com)

We're here to help you maintain gorgeous, healthy hair!

## USE PROFESSIONAL PRODUCTS:

- We carry Davines hair care products for your hair, they are PH balanced and help to maintain the longevity of your hair and are extension safe. We strongly advise and encourage you to purchase these products, of which we always have available at our salon or online on our website [@Vagaro.pdxhairextensions.com](https://Vagaro.pdxhairextensions.com)  
[Serum is the one product you will need the most]
- In the beginning of your hair extension journey, a serum may be all you will need once the extensions begin to get dry or frizzy you can add additional products according to your stylist recommendations.

**\*\*PDX Hair Extensions – Aftercare Agreement\*\***

**\*\*Client Name:\*\*** \_\_\_\_\_

**\*\*Date:\*\*** \_\_\_\_\_

**\*\*Stylist:\*\*** \_\_\_\_\_

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**\*\*Client Acknowledgment\*\***

**I have received and reviewed the aftercare instructions. I understand that failure to follow these guidelines may result in damage to my extensions or natural hair and may void any guarantees provided by PDX Hair Extensions.**

**\*\*Client Signature:\*\*** \_\_\_\_\_

**\*\*Date:\*\*** \_\_\_\_\_

**\*\*Stylist Signature:\*\*** \_\_\_\_\_

**\*\*Date:\*\*** \_\_\_\_\_