

Individual Extension Aftercare Form

PDX HAIR EXTENSIONS

Please read, follow, and sign before leaving the salon.

Client Name:

Date:

Stylist:

Your individual extensions need gentle daily care to prevent slipping, tangling, matting, dryness, and damage to your natural hair. They may feel tight at first, but they will relax and become easier to maintain as they settle.

Please Follow These Instructions

What To Do	Client Instructions
Showering	Press shampoo into the hair and lightly scrub the scalp. Rinse very well so shampoo does not build up around the extensions. Condition the mid-lengths and ends, focusing on the ends.
Towel Drying	Pat and squeeze the hair dry after showering. Do not rub the hair with a towel.
Wet Hair	Do not comb or brush the hair when it is wet. Wet brushing can snap extension hair, weaken the bond, and cause slipping. Never put wet hair into a bun or ponytail.
Blow Drying	Blow dry downward along the hair shaft. Use lower heat near the bonds and take breaks while drying so the bonds do not overheat. Do not use the dryer to create volume at the bonds.
Heat Styling	Flat irons and curling irons may be used only when the hair is fully dry. Keep hot tools away from the bonds.
Sleeping	Sleep with completely dry hair in a loose braid, loose ponytail, or soft bun once it feels comfortable. Wear a bonnet for extra protection.
Serum	Use serum on your extensions, especially when the hair feels dry or frizzy. Serum helps keep the hair hydrated, soft, and smooth.
Washing Schedule	Wash as often as works best for you: once a week, every other day, or every two weeks. On wash day, wash, dry thoroughly, then smooth, flat iron, or curl the hair.
Tangles & Maintenance	Brush through regularly once dry and gently separate extensions if they begin connecting to nearby extensions. Some sticking can happen, but do not pull aggressively. Contact the salon if you need help.
Professional Products	Use extension-safe professional products. Serum is the most important product for keeping individual extensions soft and hydrated. Add other products only as recommended by your stylist.

Extra Care Tips

First week scalp adjustment: The first week your scalp will be adjusting. Irritation, itchiness, or tenderness is normal, and we recommend taking Benadryl at night. If symptoms are still present after a week, contact your stylist.

Smoothing routine: A good wash day includes washing, fully drying, then smoothing or styling the hair so you can brush through and prevent knots.

Every six weeks: Ask your stylist about a treatment, extension service, and flat iron service to support longevity before removal or replacement is needed.

Important Reminders

Please contact the salon if you notice pain, irritation, slipping, matting, sticky bonds, excessive shedding, or extensions that are difficult to separate. Do not pick at, cut, pull, or remove extensions at home.

Client Agreement

I understand that proper aftercare is required to maintain my individual extensions. I agree to follow these instructions and contact the salon with any concerns.

Client Signature

Date

For best results, follow your stylist's personalized instructions if they differ from this form.

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