

# Curly Hair AFTERCARE

PLEASE FOLLOW THE AFTERCARE GUIDELINES BELOW. PROPER CARE IS  
ESSENTIAL FOR MAINTAINING BOTH YOUR INVESTMENT AND YOUR  
CONFIDENCE.

THE FOLLOWING GUIDELINES:

## HOW TO CARE FOR YOUR CURLS:

### Washing & Conditioning:

- We always suggest only conditioning your hair & avoid shampoo (Shampoo is Drying)
- If you must cleanse, no more than 1-2 times per week to avoid dryness.
- Always use sulfate-free moisturizing shampoo & conditioner.
- Apply conditioner generously & detangle while hair is dripping wet in the shower. With extensions avoid pulling the bond by holding the bond while detangling
- Rinse with cool water to lock in moisture & enhance shine.

### Daily Care:

- Detangle gently using your fingers or a wide tooth comb— **Never brush dry.**
- Refresh Curls each morning with a water spray bottle & lightweight leave-in conditioner.
- Hands Off! The less you touch your curls, the less frizz you'll see.

### Styling:

- Apply a curl cream or gel to damp hair to define curls & fight frizz.
- Scrunch curls upward to encourage their natural shape.
- Let curls air-dry or diffuse on low-heat to avoid curl damage.
- Limit hot tools & always use a heat protectant if styling!

### Sleeping:

- Sleep on a silk or satin pillowcase to reduce frizz & breakage or
- Wear a bonnet!

### Extension Care:

- Support the base of your extensions when detangling to avoid tension.
- **Never go to bed with wet hair!** Ensure both extensions & natural hair are fully dry.

## USE PROFESSIONAL PRODUCTS:

- We carry Davines hair care products, they are PH balanced and help to maintain the longevity an health of your hair. We strongly advise and encourage you to purchase these products, of which we always have available at our salon or online on our website @[www.pdxhairextensions.com](http://www.pdxhairextensions.com)

Shampoo & Conditioner:

Leave in- Conditioner/ Serum:

Styling: